

Overlook to Gum Springs. The trail is very steep, with many switchbacks and huge rock steps, some weighing 500 pounds.

NEBO SPRINGS TRAIL & NEBO STEPS TRAIL

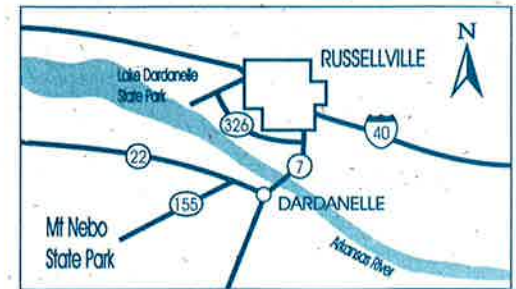
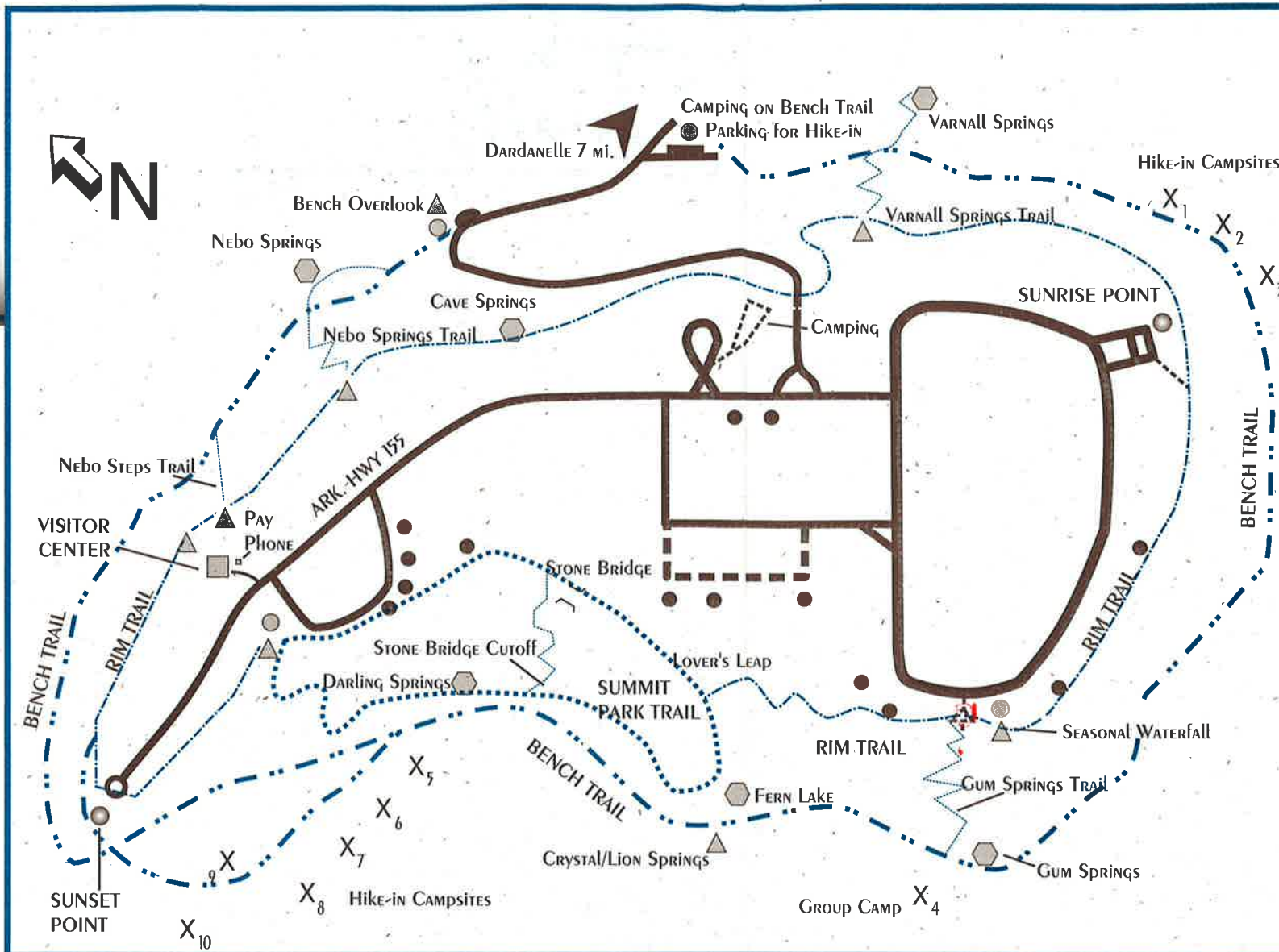
Length: 3/4 mile,
1 1/2-hours
Trailhead: Nebo Steps at Rim Trail behind VIC
Terminus: Circle right on bench trail and return to VIC via Nebo Springs Trail
Difficulty: 1/3 strenuous; descent and bench easy
Color coded: White

A delightful hike to moss-covered Nebo Springs begins behind the visitor center on the Rim Trail. Turn right onto the Rim Trail then down Nebo Steps (light blue) to the Bench Road Trail. Turn right on the bench and follow until you get to the sign for Nebo Springs. The climb back up Nebo Springs Trail, then right onto the Rim Trail, completes a rectangular "circle." Highly recommended for the historical significance and natural beauty, this loop is, however, strenuous.

The stone enclosure of Nebo Springs, located directly below the bench, dates back to the

1800's. Children were often sent to the spring with buckets to fetch water for meals.

The first log house, built on the mountain after the Civil War, was constructed near Nebo Springs by Louis C. White. It was Mrs. White who named Mt. Nebo after the mountain in the Bible from which Moses had a view of the promised land.



MAP LEGEND

- - - - - Bench Trail
- - - - - Rim Trail
- Trails connecting Bench & Rim
- Summit Park Trail
- Parking
- ▲ Trailhead
- ◻ Springs
- Cabins
- X Hike-in Camping

EMERGENCY PHONE NUMBERS

Ranger 229-3655
Fire 229-3550
Sheriff 229-4175

You may want to plan your hike to reach Sunset Point at sundown. Relax and absorb the breathtaking glow of pink, purples, red, and blues, as the sun makes its final debut. Or catch its early morning splendor at Sunrise Point. Enjoy your stay!

VARNALL SPRINGS TRAIL

Length: 1/2-mile one way, 2-hours round trip
Trailhead: From either the Rim Trail or Bench Trail south of the camp ground
Terminus: Varnall Springs
Difficulty: Return Strenuous
Color coded: Orange

The Varnall Springs Trail winds through natural features, a diverse forest, and many wildflowers. The spring was once the water supply for the town of Dardanelle. Some of the old waterpipes remain visible.